

Supplement Facts

Serving Size 10.6 grams (approx. 2 teaspoons)

Servings Per Container about 43

Amount Per Serving	% Daily Value	
Calories	40	
Total Fat	2.5 g	4%*
Saturated Fat	0.5 g	3%*
Polyunsaturated Fat	1 g	†
Monounsaturated Fat	0.5 g	†
Cholesterol	20 mg	6%
Total Carbohydrate	4 g	1%*
Vitamin D (as Cholecalciferol)	10 mcg	50%
Omega-3 Polyunsaturated Fatty Acids (from fish)		
Eicosapentaenoic Acid (EPA)	440 mg	†
Docosahexaenoic Acid (DHA)	280 mg	†
Other Omega-3 Fatty Acids	180 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Water, xylitol, glycerine, gum arabic, natural flavors, citric acid, xanthan gum, guar gum, antioxidant blend (vitamin E (as d-alpha tocopherol), rosemary extract, and ascorbyl palmitate), beta carotene, vegetable juice, sorbic acid.

Contains fish (anchovy, sardine and/or mackerel)